

Secure Base Counseling Center

PRACTICUM PROGRAM



Our Mission

We believe that participating in the training of students is a great way to support the development of our field, is an opportunity to help train quality new practitioners and helps us maintain our strongly held belief that we all should be learning all the time.

Student Stipend

SBCC offers a stipend to students who apply and meet minimum criteria.

Locations

We have offices in Northfield, New Prague & Farmington!

The Experience

This program is great for master's level students who will be on the LMFT, LPCC & LICSW tracks in Minnesota. Through the practicum program at SBCC, students have the availability to gain experience in many different areas such as:

- Maintaining your own caseload of Rehabilitative Services & Therapy clients
- Therapy experience includes:
 - Individual Therapy, Play Therapy, Couples Therapy, Family Therapy, Group Therapy
- Clinical Documentation and Assessments
 - Diagnostic Assessments, Treatment Plans, Assessments including CASII, SDQ, progress notes and more!
- Monthly free education opportunities
- Weekly consultation meetings with other clinical providers
- Weekly individual supervision



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The Step Up Approach

Our practicum program is a self paced and individualized experience. Students are set up for success by evaluating their previous experience. If they are new to clinical work, they will maintain a client caseload of ARMHS or CTSS clients. This work is rich in opportunities to practice clinical skills, work with family systems, and gain much needed practical experience without a large paperwork load! As skills and confidence grows, students have the opportunity to maintain a therapy client caseload.

If students come in with previous clinical experience, they can begin their practicum by learning SBCC's clinical documentation, billing process, assessments, and intake procedures. After successfully completing shadowing hours and training, students will maintain a psychotherapy client caseload.

All students will receive weekly supervision and support with a board approved supervisor.

This stepped up approach is meant to help students learn at their own pace without overwhelming them in the process. The goal is to be sure that by the end of their practicum experience, students have had experience in all the aspects of being a therapist.